



NORWALK PUBLIC SCHOOLS

Curriculum and Instruction
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Anthony R. Daddona
Assistant Superintendent

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Dear Parent/Guardian:

All student athletes are required by the Connecticut Interscholastic Athletic Conference (CIAC) and the Norwalk Board of Education to have documentation of a complete physical exam on file in the school nurses' office before they may participate in interscholastic sports. A recent revision of the BOE policy now allows this annual obligation to be performed at any time within a calendar year (plus one month grace period for compliance). Previously, the annual health assessment had to be dated on or after July 1st of the upcoming school year.

While this policy revision gives the student more latitude in determining the date of his/her annual sports physical, it requires that he/she be aware of the due date for the upcoming physical exam. Once the health assessment is outdated, the student will not be permitted to continue participating in high school sports until documentation of a new physical exam is reviewed and cleared by the school nurse.

All sports physicals must now be documented on the "State of Connecticut Department of Education Health Assessment Record" revision 4/2010 or 4/2011. This three page "blue form" replaces the white Sports Participation Record.

If you have any questions regarding the sports health assessment, please don't hesitate to call your school nurse.

Sincerely,

Anthony R. Daddona
Assistant Superintendent