

# NORWALK BOARD OF EDUCATION ATHLETIC DEPARTMENT

## PARENTS OF CITY OF NORWALK PUBLIC HIGH SCHOOL ATHLETES

The Norwalk Athletic Department discourages the use of any tobacco product, alcoholic beverage, or any non-prescribed drug. To emphasize our position against tobacco, alcohol, and non-prescribed drugs, we support a **Drug-Free Team** environment. To participate in athletics at Brien McMahon/Norwalk High Schools, each athlete must abide by the following policy. To show their support of the substance abuse prevention program each athlete will sign a pledge to their coach to abstain from using tobacco, alcohol, or non-prescribed drugs. In addition, we are asking the player's parent(s) to sign an approval of their child's pledge.

**RULE: No player will use or possess any tobacco, alcohol, or non-prescribed drug. If the player chooses to violate the rules he/she will be subject to the following consequences:**

- A. Voluntary Referral – If a player “slips” and uses tobacco, alcohol, or non-prescribed drug but is not caught in a blatant violation he/she may come forward on his or her own and speak to the coach privately. In this instance **THERE IS NO SUSPENSION FROM THE TEAM.** The parents or guardians will be notified. The coach will work with the player, a deferral for counseling will take place.
- B. Concerned Friend Referral – If a teammate, a friend, or a parent finds out about a player's use of a forbidden substance and informs the coach. **THERE WILL BE NO SUSPENSION FROM THE TEAM.** The head coach will investigate the incident, discuss the situation with the player, and if necessary will notify the parents, guardians, and the school nurse for referral to counseling.

These procedures can only occur once and may not be used after a blatant violation has taken place.

- C. First Offense – Blatant Violation – If the player breaks the law and is arrested, show up at a school function under the influence or is found to be in possession of any tobacco, alcohol, or non-prescribed drug schools code of conduct will be:

First Offense – Blatant Violation or Second Violation after an A or B referral will warrant a two-game suspension.

- D. For any subsequent violations of these policies, blatant or otherwise, the player is suspended for the remainder of the season pending a hearing with the coach, athletic director, principal, school nurse, parents, or guardians.

## **PARENTS/GUARDIANS AGREEMENT**

We the parent(s) or guardian(s) of \_\_\_\_\_

have read the above policies and we expect our child to abide by them.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

## **ATHLETES PLEDGE**

I \_\_\_\_\_ pledge to my coach to abstain from any tobacco product any alcoholic beverage, or any non-prescribed drug during the Norwalk Board of Education athletic season. I realize that if I choose to break this pledge I am responsible for the consequences my action brings. I also realize that tobacco, alcohol, and non-prescribed drug abuse prevention programs have my best interest at heart. All I need to do is ask and help will be made available to me. In addition, I understand the practice policy rules and know the consequences, which will result from my actions.

\_\_\_\_\_  
Player's Signature

\_\_\_\_\_  
Date